

Ski Checklist

Once the past time of the elite. Now the pastime of anyone who can get through the masses of competitive package deals, brochures and insurance conditions, if you can manage this you can manage anything and therefore deserve a holiday.

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| <input type="checkbox"/> See basic equipment list for extras. | <input type="checkbox"/> Base layer leggings. |
| <input type="checkbox"/> Document wallet. | <input type="checkbox"/> Waterproof boots/shoes/trainers (après ski). |
| <input type="checkbox"/> Sunnies. High level of UV protection. | <input type="checkbox"/> Lift pass holder. |
| <input type="checkbox"/> Goggles. | <input type="checkbox"/> Torch (to get home in the dark after all that mulled wine). |
| <input type="checkbox"/> Lip balm on a leash. | <input type="checkbox"/> Guide and phrase book. |
| <input type="checkbox"/> Blister treatment. | <input type="checkbox"/> Fleece jacket/down jacket. |
| <input type="checkbox"/> Tiger balm, sooth those achy muscles Paul's recommendation so blame him. | <input type="checkbox"/> Micro fleece x 2. (To avoid embarrassing points). |
| <input type="checkbox"/> Wash bag. | <input type="checkbox"/> Heat packs for inside gloves/pockets). |
| <input type="checkbox"/> Ski tool. | |
| <input type="checkbox"/> Universal plug. | |
| <input type="checkbox"/> Hydration pack/small daysack. | |
| <input type="checkbox"/> Pack down (vacuum packs). | |
| <input type="checkbox"/> Large duffle bag (wheeled bags can be a pain in deep snow). | |
| <input type="checkbox"/> Socks (get good socks-it can be the difference between having a good time or limping around like a wounded dog). | |
| <input type="checkbox"/> Tube socks (big, thick, fluffy, yum! and that's just one staff member). | |
| <input type="checkbox"/> Ski trousers, make sure there waterproof make sure critical seams are taped, be sure they have built in gaiters at the bottom, make sure they look good and not an 80's throwback.
REMEMBER THOSE ALL IN ONE SUITS,
EMMM, no comment needed! | |
| <input type="checkbox"/> Ski jacket. As above. | |
| <input type="checkbox"/> Fleece hat. | |
| <input type="checkbox"/> Neck gaitor/scarf. | |
| <input type="checkbox"/> Waterproof gloves/mitts (liners if gloves are thin). | |
| <input type="checkbox"/> Base layer top. (Light, breathable, moisture wicking with thermal properties). | |

Lastly if you own the vital equipment, Don't leave home without it. Ski's/Snowboard, Boots, Poles, Bindings. Tail saver, especially if you're a novice snowboarder.

If going off piste seek professional advice first. REMEMBER weather can be unpredictable even in Europe - educate yourself to the local conditions.